

SIMON'S Heart

Student Ambassador Program

Mission Statement: To raise awareness about sudden cardiac arrest while promoting volunteerism for Simon's Heart through a network of student ambassadors.

Background: Simon's Heart was founded in 2005, following the sudden and unexpected death of Simon Sudman, a seemingly healthy three month old. The Sudman family started providing free heart screenings to students; promoting life-saving legislation to protect student athletes; creating award-winning awareness campaigns; and developing technology to promote research.

Responsibilities: As an ambassador, you will be the chief advocate of Simon's Heart at your school. You will encourage students to volunteer for and participate in the cause by identifying groups and/or individuals on campus who are seeking an opportunity to "get involved" and "make a difference."

Commitment: You are encouraged to be an ambassador for two years. However, a one-year term is acceptable on a case by case basis. Prior to the expiration of your term, you are expected to find a qualified replacement.

Expectations:

- Learn how to use an AED device and perform CPR (instruction will be provided).
- Volunteer at 2 Heart Screenings. Get your heart checked if you have not.
- Identify and run at least one CPR Jukebox event as a group.
- Attend a limited number of our group events (e.g. Simon's Heart night at the Flyer's or The Heart Walk).
- Participate in Simon's Soiree (fundraising, marketing and volunteering). Attendance is mandatory.
- Bi-monthly check-in phone calls and meetings.
- Attend Ambassador-only outing in May to celebrate.